

Newsletter

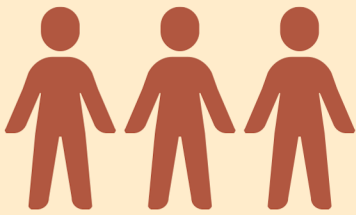
Strathfield Social Work Society



TO START WITH...

Dearest members,
We want to thank you all for joining us this semester as SSWS members. We have enjoyed getting to know each other at events we hosted during semester 1, 2023, and are grateful for your contributions to building a social work community through the society.

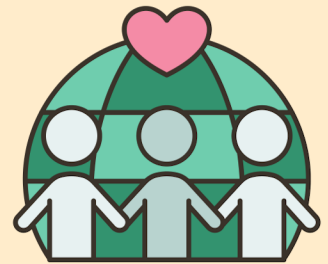
ACCOMPLISHMENT



41 Memberships

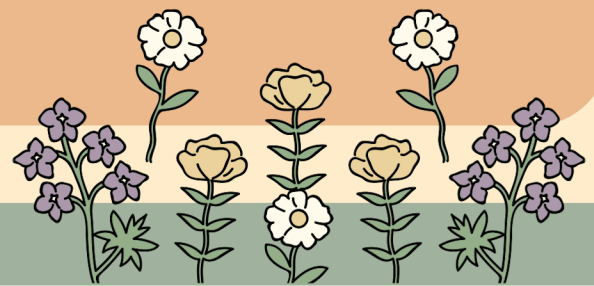


6 Official Events



Community Connection

Our journey as a society began during orientation week at the start of 2023 when we had the chance to meet with those of you beginning your social work journey at Australian Catholic University (ACU), where we were handing out colourful bookmarks. This was the first time we met many of you face to face in a new society. We began conversations about improving social connections across social work departments and promoting social work within the ACU community.



EVENTS

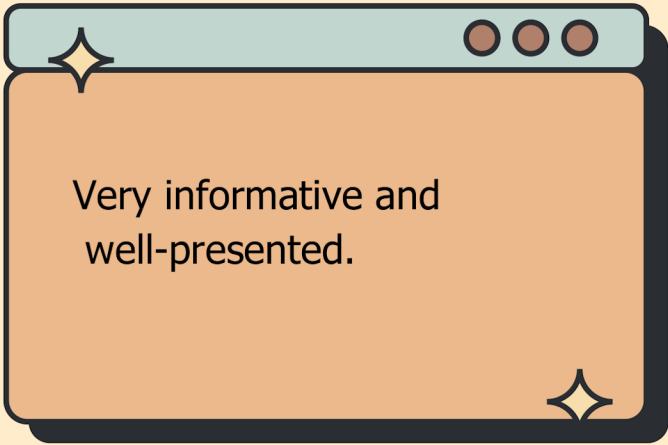
Welcome Morning Tea

Our first official event was a morning tea where we welcomed you to come and meet other social work students, peers, and staff over tea and snacks in the lovely morning sunshine on campus as we entered semester 1. 2023.

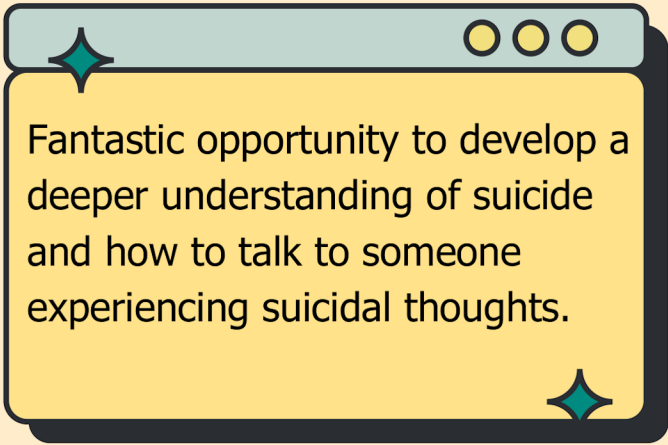
SafeTALK

ACU masters social work students ran a LivingWorks safeTALK four-hour face-to-face workshop where attendees learnt about suicidal behaviours and engaging and connecting individuals at risk of suicide with further support. The SSWS team would like to thank these students for their hard work and for hosting this event alongside the society.

For further information visit the following website and keep your eyes open for future event dates from the SSWS: <https://www.livingworks.com.au/programs/safetalk/>



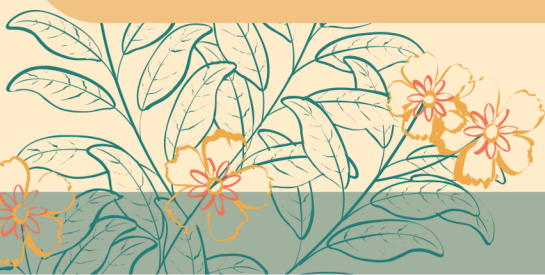
Very informative and well-presented.



Fantastic opportunity to develop a deeper understanding of suicide and how to talk to someone experiencing suicidal thoughts.

Placement Q&A

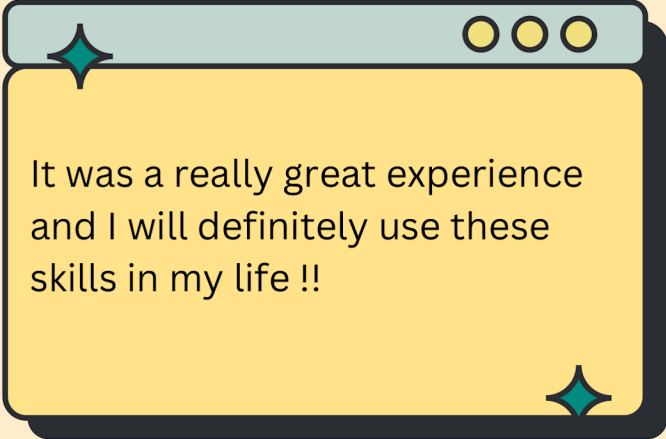
In semester 1. ACU social work masters students ran a placement Q&A session with panellists made up of current social work students, alums working in the field, and Michelle Gilad, ACU's own placement coordinator. Attendees had the chance to ask questions and hear about previous placement experiences to lessen anxiety about going on placement and understand some of the expectations of students and organisations. The SSWS team would like to thank the master's students for their hard work in organising this event so wonderfully!



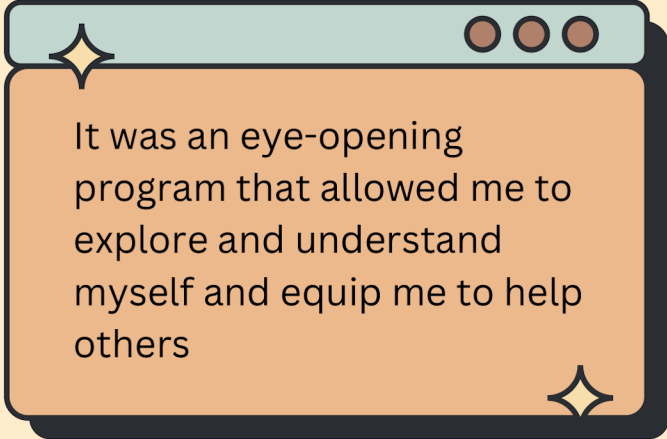
Applied Suicide Intervention Skills Training



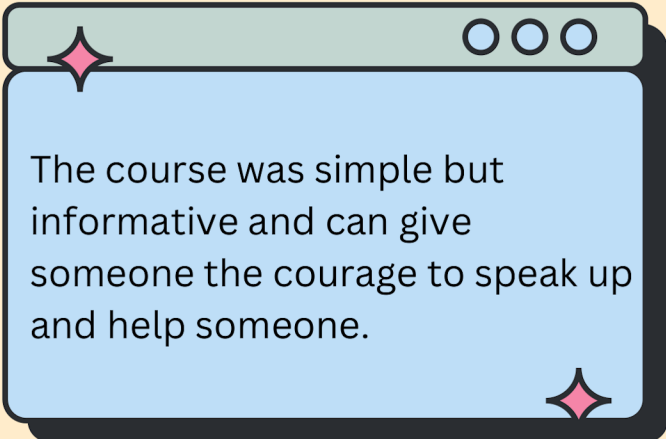
Over the course of two weeks, SSWS hosted ASIST, where over 30 ACU students attended over 2 days of intervention skills training in order to enhance their understanding in suicide prevention. Students developed their skills through understanding and recognising signs of suicidal behaviour and providing intervention skills through safety planning, discussions, role plays and presentations. As mental health is a significant issue in our society, ASIST is such a valuable source for our ACU students to emphasise the seriousness of mental illness within the community. For the students that wish to participate in our next LivingWorks Event, please keep an eye out or get in touch with ACULife.



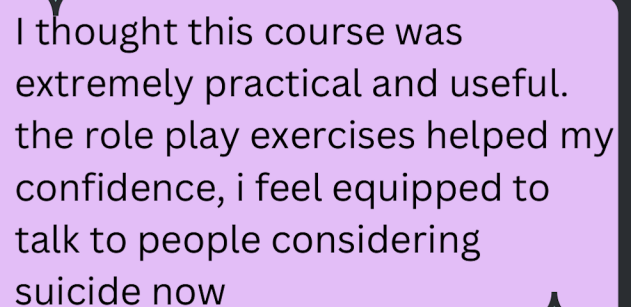
It was a really great experience and I will definitely use these skills in my life !!



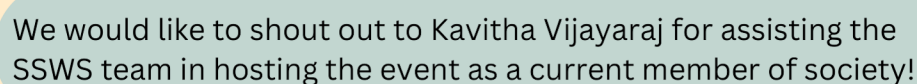
It was an eye-opening program that allowed me to explore and understand myself and equip me to help others



The course was simple but informative and can give someone the courage to speak up and help someone.



I thought this course was extremely practical and useful. the role play exercises helped my confidence, i feel equipped to talk to people considering suicide now



We would like to shout out to Kavitha Vijayaraj for assisting the SSWS team in hosting the event as a current member of society!

PICTURES OF ASIST EVENTS



UPCOMING EVENTS IN SEMESTER 2, 2023



Faculty Day
Social Work Society

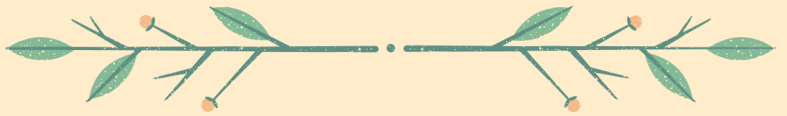
08 AUGUST
12:30 - 13:30
BACK DECK OF 612 BUILDING
QUESTION | NETWORK | SHARE

REGISTRATION:



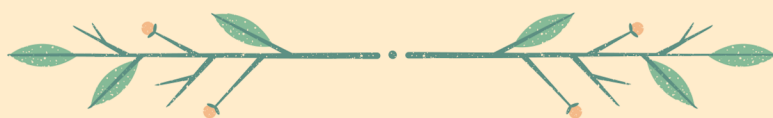
MORE INFORMATION CAN BE FOUND AT
[HTTPS://ACULIFE.ACU.EDU.AU/SOCIALWORKSTRATH/HOME/](https://aculife.acu.edu.au/socialworkstrath/home/)

Faculty Day



This event is a chance for social work students to engage with their peers and teachers outside of the classroom, ask questions, network, and share. We would love to see you there. See the flyer below for registration!

SafeTALK



LivingWorks safeTALK four-hour face-to-face workshop where attendees learnt about suicidal behaviours and engaging and connecting individuals at risk of suicide with further support.



Strathfield Social Work Society
presents

SafeTALK

by  **LIVINGWORKS**

MONDAY
24TH AUG 2023
9:00 - 12:30PM

To register use the QR code below



LEARN TO REACH OUT TO SOMEONE THINKING ABOUT SUICIDE
OVERCOME ATTITUDES AND COMMUNITY MYTHS AROUND SUICIDE THAT ACT AS BARRIERS TO HELP TALK OPENLY ABOUT SUICIDE, AND CONNECT INDIVIDUALS WITH FURTHER SUPPORT AVAILABLE IN YOUR COMMUNITY

[HTTPS://LIVINGWORKS.COM.AU/SAFETALK/](https://livingworks.com.au/safetalk/)

IF YOU OR SOMEONE YOU KNOW ARE FEELING SUICIDAL CALL LIFELINE 131114 OR THE 24/7 COUNSELLING LINE AT ACU 1300 638 485 OR TEXT 0488 884 191

FREE
WITH THANKS TO
NSW HEALTH

UPCOMING EVENTS IN SEMESTER 2, 2023

First Aid and CPR (TBC)

In semester 2, 2023, we will be hosting a First Aid and CPR course through First Aid Pro during the mid-semester break for students to knock out this pre-placement requirement on campus for a reduced price with other students. This will enable ACU students who have NSW First Aid and CPR requirements for placements to be able to undertake this certification more conveniently and for cheaper with other ACU students from similar disciplines.



HLTAID011 (New course code) - Provide First Aid (Includes CPR)

- Full face to face - 5 Hours
- Or, the express option, which has online learning and only a 2-hour practical training



HELPFUL RESOURCES FOR STUDENTS



The academic skills unit has many valuable tools and services for assignments, exams, and extra student support. We recommend Studiosity, which is 24/7 assignment grammar and structure feedback as well as APA referencing guides and tutoring services.

<https://www.acu.edu.au/student-life/student-services/academic-skills-development/academic-skills-unit>

The student portal career and development opportunities hub is very helpful for those who are graduating for resume and postgraduate support from ACU including job opportunities and alumni networking events.

<https://acu-careersguide.prosple.com/>

Emerging minds training has free online courses that feature practical demonstrations to help you put your learning into practice. it is a useful tool for those who are doing their placement or are interested in supporting children's mental health and well-being. The training site has a variety of courses that focuses on working with children, families, and communities in the Social work field. This is a valuable tool for students wanting to work in child protection and or children dealing with mental health and trauma.

<https://learning.emergingminds.com.au/>



CURRENT OPPORTUNITIES

If you want to become more involved in the Strathfield Social Work Society, there are plenty of opportunities to explore interests you may have or experiences you would like to assist in hosting or organising. We are currently looking for someone who is interested in social media to assist us in linking up our Facebook and Instagram pages for semester 2. Please see our website via ACU Life for more details if you would like to apply.

WE WOULD LIKE TO HEAR YOUR THOUGHTS !!

We are also open to feedback and would love to hear about your experiences and expectations of the SSWS to enable us to continue to learn and grow with you, our members as our guides. We would appreciate it if you are able to participate in the following short survey to help evaluate the semester:

https://docs.google.com/forms/d/e/1FAIpQLSe5Ke5vicLDE3QHPsWLL1qJ9mWtMGU4ydzj7AkvvOl2ZFxXiw/viewform?usp=pp_url

Well that is a wrap for semester 1. 2023 for the Strathfield Social Work Society thank you for being a part of this journey and we hope to see you all bright-eyed and bushy-tailed at our upcoming events in semester 2!

CONTACT US

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