

ACU Active

REFORMER PILATES TIMETABLE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
12pm		Reformer Pilates Kara	Reformer Pilates Kara		Reformer Pilates Kara
12:10pm	Reformer Pilates Jaimie				
1pm	Reformer Pilates Jaimie		Reformer Pilates Kara		Reformer Pilates Kara
5:15pm		Reformer Pilates Pauline			



[@acuactive](#)



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[ACU Active Melbourne - Online](#)



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ACU Active

GROUP FITNESS TIMETABLE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
1pm		Cardio-X Steve	Functional Strength Ruby	HIIT Steve	



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